



Parent & Student Handbook

2026 ~ 2027

Adams School of Dance is committed to providing high-quality dance classes to enhance the overall development of the child. It is our objective to inspire a passion for the art of dance in every child who passes through our doors. We provide a safe and child-centered environment to encourage our students to explore dance with qualified, nurturing teachers.

Contact information

Address - Adams School of Dance, 1 Grove Avenue, Belleville, IL 62221 Phone# 618-277-1600

Email AdamsSchoolOfDance@gmail.com Website www.AdamsSchoolOfDance.com

Important Dates

Classes Begin Tuesday September 8th

Fall Break Begins Wednesday November 25th and classes resume Monday November 30th

Winter Showcase TBD - 2nd or 3rd week of December

Winter Break Begins Dec 21st - classes resume Jan 4th

Spring Break begins March 22nd - classes resume March 29th

Memorial Day - No Classes May 31st

Recital Pictures, Dress Rehearsal & Performances TBD

Tentative Recital Dates - Beginning of June

Curriculum

Ballet & Tap Combination - This class introduces students to the fundamentals of both Ballet and Tap through an imaginative and creative approach. Dancers are encouraged to stretch, strengthen, and move with expression, all while developing concentration, the ability to follow directions, and cooperation within a group setting. Students are also exposed to a variety of musical styles, enhancing their rhythm, coordination, and musical awareness.

Jazz - This class focuses on basic limbering and strength-building exercises designed to develop a stronger, more versatile dancer. Emphasis is placed on proper technique and style, while students learn foundational jazz movement, including leaps, turns, and combinations. *Enrollment in a ballet class is required to take this class.*

Lyrical/Contemporary - A fusion of ballet and jazz-inspired movement set to contemporary music, this class emphasizes artistry, musical interpretation, fluidity, and emotional expression. Dancers explore innovative choreography while building a strong technical foundation. *Enrollment in a ballet class is required to take this class.*

Jazz/Lyrical - a great introduction to jazz & lyrical

Pre-Pointe and Pointe - Technique class for the serious dancer to help strengthen the dancer to dance sur la pointe. Students must be recommended for this class.

Pre-Advanced & Advanced Classes - Students recommended for these classes must attend at least two ballet classes per week. Emphasis is placed on working to attain a stronger technique in dance.

Pom Pon - This class focuses on sharp, high-energy movements and coordination skills essential to pom and dance team performance. Students develop strong mental focus while learning formations, routines, and parade-style choreography. Emphasis is placed on precision, teamwork, and performance quality.

Tumbling - This class builds limberness, balance, strength, and coordination through targeted exercises that support progression from basic skills to advanced tumbling, including aerial work. Ideal for dancers and aspiring cheerleaders alike, this class provides a strong foundation for safe and confident acrobatic movement.

Hip Hop - Learn the latest moves in this high-energy class that blends rhythm, style, and personal expression. Dancers go beyond the basics to focus on performance quality, precision, and technique. Skills such as isolations, popping, locking, and more are introduced in a fun, supportive environment. A great class for dancers of all levels looking to build confidence and have a blast!

Technique, Tricks and Turns - This jazz-based technique class is designed to help dancers refine their skills and reach their fullest potential. Class begins with a warm-up focused on strength, conditioning, and flexibility, followed by focused instruction on a variety of leaps, jumps, and turns. Emphasis is placed on proper alignment, posture, and execution to build clean, dynamic movement with strong technical foundation.

Dance Team

This competitive class is focused on preparing and perfecting routines for various dance competitions. Dancers work together to refine technique, precision, and performance quality. The class emphasizes teamwork, commitment, and sportsmanship while building strong group dynamics and individual skill development. *Participation may require auditions or instructor approval.*

***Is your dancer interested in Dance Team?**

Email AdamsSchoolofDance@gmail.com to get more information

2026 ~ 2027 Tuition Family Rates

Tuition Payments

Dance team tuition is *not* included in our Family Max

Hours per week	Rate per month
30 minutes	\$40.00
1 Hour	\$60.00
1 1/2 Hours	\$84.00
2 Hours	\$104.00
2 1/2 Hours	\$120.00
3 Hours	\$130.00
3 1/2 Hours	\$140.00
4 Hours	\$150.00
4 1/2 Hours	\$160.00
5 Hours	\$170.00
5 1/2 Hours	\$180.00
6 Hours	\$190.00
6 1/2 Hours or more	\$200.00

Class tuition is automatically charged on the 1st of each month for that month using the credit Or debit card you have on file. If you prefer to pay by check or cash you can do so as long as payment is make BEFORE the 1st of each month. Our tuition is a family rate that applies to immediate family members only. Fee's unpaid because of rejected credit/debit card are subject to a \$25.00 fee. Credit cards are securely stored in accordance with security laws. Changes may be made to your credit card at any time through your customer portal. Tuition is calculated for the whole year and divided up monthly for your convenience. Tuition is the same each month, regardless of the number of weeks due to holidays, winter break, etc. Visit our website www.AdamsSchoolofDance.com to register.

There is an annual registration fee of \$25.00 for the first family member and \$15.00 for each additional family member. There is a family registration max of \$50.00.

Your spot in class is not reserved until the registration fee and 1st month's tuition are paid.

Our Staff

Nanette Adams Galvin

Owner and Artistic Director of the Adams School of Dance in Belleville for over 40 years, Nanette Adams Galvin has been shaping dancers and inspiring hearts for more than five decades. Her lifelong passion for dance began in early childhood under the guidance of her mother and the dedicated Adams staff.

Throughout her career, she has continued her education by studying with renowned artists across the U.S. during the summers. Nanette has been a proud member of several civic ballet companies and has served as a judge at dance competitions nationwide.

A true teacher of teachers, Nanette's legacy shines through the countless students she has mentored—many of whom now share their own love of dance at the Adams School of Dance and studios across the country.

Camie Leonard

A fourth-generation dancer and teacher in the Adams family, Camie Leonard has been immersed in the world of dance since early childhood. She teaches all forms of dance and has earned numerous awards in both dance and tumbling. Camie has trained with renowned artists across the United States and Canada, continually expanding her knowledge and passion for the art form.

She holds a degree in Family Studies from the University of Missouri-Columbia, where she was also a Mizzou cheerleader and a member of the Repertory Arts Movement Dance Company. During her time in Columbia, she also taught at Columbia Dance Studio. Camie continues to inspire with her creativity, dedication, and award-winning choreography—bringing excellence and heart to everything she does.

Donna Robacker

With over 35 years of teaching experience, Donna Byron Roebaker is a passionate and accomplished dance educator. She began her training at the Adams School of Dance and continued her studies with Gus Giordano in Evanston, IL, as well as with numerous distinguished instructors from across the country.

Donna was awarded a tap scholarship to Kent State University and earned her teacher's certificate through Dance Masters of America. A true teacher of teachers, she has also served as a judge for numerous pageants and dance competitions throughout the region. Her deep knowledge, commitment to excellence, and love for dance continue to leave a lasting impact on every student she teaches.

Paula Miller

Paula Miller has been a dedicated teacher of dance and pom for over 35 years. Her dance journey began in early childhood, training under the Adams School of Dance staff and continuing her education with renowned artists across the United States.

Before joining the Adams teaching team, Paula was a sought-after choreographer for pom squads. Her keen eye for performance and precision has also led her to judge numerous talent competitions across the country. Paula brings passion, creativity, and decades of experience to every class she teaches.

Jessica Jorns

Jessica Jorns has trained in all forms of dance and tumbling since early childhood at the Adams School of Dance. A talented performer, she was a member of the Adams Dance Team, danced for four years with the Belleville West Dance Team, and continued for two more years with the Southeast Missouri State Dance Team.

Jessica holds a degree in Dietetics from Fontbonne University. In addition to sharing her love of dance as a teacher, she is also the co-owner of *Red Sprinkles*, a cookie company that blends her creativity and entrepreneurial spirit. Jessica brings energy, versatility, and a sweet touch of artistry to everything she does—on and off the dance floor!

Lindsay Loesche has trained with the Adams staff since childhood. A longtime member of the Adams Dance Team, she has earned numerous regional and national awards throughout her competitive career.

Lindsay is a graduate of McKendree University with a degree in education. In addition to teaching dance, she is also an educator at Edwardsville High School.

Brianne Harms Stinchfield has been a teacher of dance for over 25 years and is specialized in early childhood education. She has trained under the Adams Staff since childhood. She danced at the competitive level through high school and was Captain of the OTHS Golden Girls.

She has choreographed and served as an auditions judge for cheer and pom teams throughout the area. Bree taught pre-school while working towards her M.Ed degree. She works full-time in HR communications for a local engineering firm.

Misty White has trained in a variety of dance styles and gymnastics since early childhood. As a military child, she had the unique opportunity to study at dance studios across the United States—and even in Japan. After high school, Misty attended Southwestern Illinois College, where she earned her Associate in Arts, and began teaching dance at multiple studios, sharing her love for many different styles.

She later transferred to Lindenwood University – Belleville, where she was a member of the dance team and played a key role in helping the team qualify for Nationals in Daytona, Florida, for the first time in school history. Misty graduated with a degree in Psychology and has continued to follow her passion for teaching dance ever since.

Ms. Alexandra Grace

We are thrilled to welcome Ms. Alexandra to our dance community! She began her training in New York City at the Rye Ballet Conservatory, where she also served as an assistant. Alexandra further honed her skills at Ballet Academy East, both training and assisting.

She continued her journey in the Pre-Professional Program at the School of Carolina Ballet and is currently a trainee at the Saint Louis Ballet. Since 2022, Alexandra has also been pursuing a Bachelor of Arts and Sciences degree through the School of Liberal and Professional Studies at the University of Pennsylvania. We're honored to have such a talented and dedicated artist joining us—welcome, Ms. Alexandra..

Weather Cancellations

In case of inclement weather ~ closures due to severe weather conditions will be emailed and posted on the Facebook page.

Dress Code

- Students should carry their dance wear, shoes, and other belongings in a dance bag. Please print your child's name on the bag as well as on all of its contents.
- Female students should wear their hair tightly secured and styled away from the face; a neat bun is preferred for all pre-pointe and pointe classes.

Ballet & Tap Combination

Girls-Leotard, tights, pink ballet shoes, black tap shoes. Dance skirts are allowed,
Boys-Jazz pants or sweatpants, t-shirt, black ballet shoes & black tap shoes

Pre-Pointe & Pointe Girls

Black leotard, pink or skin tone tights and ballet or pointe shoes, sheer dance skirts are allowed,
Boys - Black jazz pants or tights, tight fitting t-shirt, black ballet shoes

Jazz & Tap

Girls - leotard, any color tights, tan jazz shoes, black tap shoes, dance shorts are allowed
Boys - Boys-Jazz pants or sweatpants, t-shirt, black jazz shoes, black tap shoes

Lyrical & Contemporary

Girls & Boys - Any Dance wear foot undies, paws or pirouettes

Pom & Hip Hop

Dance wear or clothes that stretch, sneakers for Pom & Hip Hop

Tumbling

Girls-Leo & footless or convertible tights or Leo and stretch shorts, no shoes

Boys - Jazz pants, sweatpants or shorts, t-shirt, no shoes

All Adult - Any dance wear and appropriate shoes

Tentative Recital Information

We are currently planning for the recital to take place on the **1st or 2nd weekend in June**, depending on venue availability. We will confirm and share the exact dates with you as soon as possible.

Our annual recital offers students a professionally directed performance opportunity to showcase the results of their year-long dedication, growth, and hard work. Each student will perform once for every class they are enrolled in.

Beyond the excitement of performing, the recital experience plays an important role in building self-esteem and confidence—skills that positively impact school presentations, social interactions, and even future college or job interviews. The rehearsal process itself is a valuable part of their dance education, helping students develop memory retention, teamwork, and cooperation as they work together toward a shared performance goal.

New this year - Recital fee will be charged January 15th (approximate cost- \$60.00 1st family member and \$20.00 additional family members) This will cover 2 recital tickets per dancer or family, recital video's and will help cover recital venue costs. More information about recital fee will be available soon.

Thank you for trusting us with your child's dance education.

Every little girl should develop beauty, grace, and poise and every little boy should grow in strength with coordination, rhythm, and muscular control. For 60 years we have enjoyed the opportunity to create together, learn together, and love together through the world of dance.

We are looking forward to an exciting, rewarding season!

WELCOME TO THE ADAMS SCHOOL OF DANCE!